NOFAS-UK AND FASD NORTH WEST INVITE YOU TO JOIN US

BRAIN BASE
FASD WELLBEING
SUMMER FUN DAYS

17 - 19 August 2019

Location: The Seashell Trust, Stanley Road, Cheadle Hulme, Cheshire SK8 6RQ

- Unique opportunity for young people (5+) with diagnosed or suspected FASD to build on their many strengths to better understand themselves
- Explore neurodiversity through song, dance and play led by Flis Kirk, Classic FM’s 2018 SEN Music Teacher of the Year
- Parallel sessions for parents/carers
- Learn from and with adults with FASD
- Workshops promoting self-care, advocacy and (dare we say it?) fun
- Cross-over sensory breaks where young and old learn and laugh together

100% of the young people at the 2018 Brain Base said they felt happier after having been at the Summer Fun Days

- Learn brain-based strategies for FASD
- Enjoy messy play, arts & crafts
- Role play coping strategies
- Explore tools for school
- Relax, knowing your loved one is learning from/with others who understand their brain wiring

"You certainly provided a FASD friendly space for us all. It was so good to be with people with an understanding of FASD and to see the children having fun together."
- Parent feedback after 2018 Brain Base

Be part of this pilot project - your insight/suggestions will help shape future programmes. Some of the input in these sessions will be used to create materials for families across the UK.

Registration fee: £120 per child, £60 per additional child in family. Some have worked with schools to access pupil premium plus to cover this cost. While this fee is essential to cover costs, no child will be turned away, please email if a scholarship is needed. Maximum 20 young people.

To register: Email your name, address, phone number, and name/age of child(ren) to info@nofas-uk.org. By emailing you agree we can hold this information for this purpose (we do not share with outside parties).